

For the December 19, 2022, COVID-19 positive test report, we have had one Personal Care Home Staff test positive for COVID-19 and we have not had three or more residents or staff with new onset of respiratory symptoms occurring within 72 hours of each other. Through contact tracing it has been determined that the one positive Personal Care Home Staff did not have any close and prolonged contact with any residents during their possible infectious period.

Cumulatively since September 1, 2022, we have a total of:

Classification of person:	Nursing Facility Staff	Personal Care Home Staff	Healthcare partner Staff	Nursing Facility Residents	Personal Care Home Residents
Number that tested positive for COVID-19:	27	3	1	5	5

Therefore, cumulatively to date since March 2020 we have a total of:

Classification of person:	Nursing Facility Staff	Personal Care Home Staff	Healthcare partner Staff	Nursing Facility Residents	Personal Care Home Residents
Number that tested positive for COVID-19:	199	29	38	152	41

Centers for Medicare and Medicaid Services (CMS) guidance on Nursing Home visitation and their guidance on the Core Principles of COVID-19 Infection Prevention include the following:

- Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine (defined below), should not enter the facility. The need to **quarantine** is when you might have been exposed to the COVID-19 virus. **Please see below for quarantine guidelines as they are different for people up to date* with all recommended COVID-19 vaccine doses and those NOT up to date* with all recommended COVID-19 vaccine doses.** We will screen all who enter St. Anne Home for these visitation exclusions. It is important to note that: you **quarantine** when you might have been exposed to the virus and may or may not have been infected and you **isolate** when you have been infected with the virus, even if you don't have symptoms. You cannot enter our building if you have a diagnosis of COVID-19 (or tested positive for COVID-19) in the prior 10 days
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between persons, in accordance with CDC guidance
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated to COVID-19 care)
- Resident and staff testing conducted as required by CMS and the Pennsylvania Department of Health.

Per current CMS guidance visitation is now allowed for all residents at all times at St. Anne Home provided the above Core Principles of COVID-19 Infection Prevention are followed. If a resident's roommate is not up to date* with all recommended COVID-19 vaccine doses or immunocompromised (regardless of vaccination status), visits should NOT be conducted in the resident's room, if possible. **Before visiting a resident with a roommate, please see the Villa / Unit nurse to determine where the visit should take place. Thank you.**

Please be aware that Westmoreland County's COVID-19 level of community transmission is currently "high". **Any visitor that is experiencing these symptoms may have COVID-19: Fever or chills, Cough, Shortness of breath or difficulty breathing, Fatigue, Muscle or body aches, Headache, New loss of taste or smell, Sore throat, Congestion or runny nose, Nausea or vomiting, and Diarrhea are encouraged not to visit and to be tested on their own before coming to the facility. People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Anyone can have mild to severe symptoms. If you feel you were might have been exposed to COVID-19 and meet the criteria for quarantine, you will not be permitted to visit.**

All visitors are strongly encouraged to become up to date* with all recommended COVID-19 vaccine doses. St. Anne Home will be asking visitors about their vaccination status on the updated screening tool, however per CMS visitors are not required to be tested or vaccinated (or show proof of such) as a condition of visitation. All visitors should wear a face covering or mask at all times.

Currently, St. Anne Home is conducting Outbreak testing. Per CMS an Outbreak is defined as when a new nursing home onset of COVID-19 occurs (i.e., a new COVID-19 case among residents or staff). Please be aware that there is the potential risk of becoming positive with COVID-19 when visiting during an outbreak investigation and, as with all visits, you must adhere to the core principles of infection prevention listed above. If residents or their representative would like to have a visit during an outbreak investigation, they should wear face coverings or masks during visits, regardless of vaccination status, and visits should ideally occur in the resident's room if the resident lives in a private room.

Pennsylvania Department of Health quarantine guidance for people who are **up to date*** with all recommended COVID-19 vaccine doses which apply to St. Anne Home visitors:

Individuals who are up to date with all recommended COVID-19 vaccine doses do not need to quarantine after exposure to someone with suspected or confirmed COVID-19 unless they develop symptoms of COVID-19 or are diagnosed with SARS-CoV-2 infection.

Pennsylvania Department of Health quarantine guidance for people who are **not up to date*** with all recommended **COVID-19 vaccine doses** which apply to St. Anne Home visitors:

Individuals who are not up to date with all recommended COVID-19 vaccine doses and who have had close contact with someone with SARS-CoV2 infection should be placed in quarantine after their exposure, even if viral testing is negative

- Individuals can be removed from quarantine after day 10 following their exposure if they do not develop symptoms.
- Although 10-day quarantine is recommended, individuals can be removed from quarantine after day 7 following their exposure if a viral test is negative and they have no symptoms. The test specimen should be collected and tested within 48 hours before the time of planned discontinuation of quarantine,

Regardless of vaccination status, asymptomatic individuals who have had close contact with a positive person should have a series of two viral test: one immediately but not sooner than 24 hours after exposure, and if negative, again 5-7 days after exposure,

Pennsylvania Department of Health isolation guidance for individuals who are **up to date*** and **not up to date*** with all recommended **COVID-19 vaccine doses** which apply to St. Anne Home visitors:

- Individuals can be removed from isolation after day 10 if their symptoms have improved, and
- They have not had a fever in the last 24 hours.

* You are **up to date** with your COVID-19 vaccines when you have received all doses in the primary series and all boosters recommended for you, when eligible. Vaccine recommendations are different depending on

your age, the vaccine you first received, and time since last dose, as shown on CDC COVID-19 website. Learn more about COVID-19 vaccine recommendations specifically for people who are moderately or severely immunocompromised on the CDC COVID-19 website, https://www.cdc.gov/coronavirus/2019-ncov/vaccines/index.html?s_cid=11759:cdc%20covid%20guidelines:sem.ga:p:RG:GM:gen:PTN:FY22

If you don't meet these requirements, regardless of your age, you are NOT up to date with all recommended COVID-19 vaccine doses. Keep taking all precautions until you are up to date with all recommended COVID-19 vaccine doses. **Please see the CDC COVID-19 and PA Department of Health <https://www.health.pa.gov/topics/disease/coronavirus/Pages/Nursing-Homes.aspx> websites for the most current recommendations and guidance.**

We will continue to provide you with regular updates about the situation and will promptly notify you if we identify any additional residents or staff with confirmed COVID-19. We encourage you to contact us with questions and concerns. Please call us at 724-837-6070 or visit our website at www.stannehome.org for updates. Our entire care team is here to serve you and answer your questions. Thank you for your continued support and confidence in the care and services St. Anne Home provides to you and or your loved one. The safety of our residents and staff is our top priority.