

February 25, 2022

Dear Visitors, Family Members, Friends, and or Responsible Persons,

To help support visitor and resident safety, the CDC (Centers for Disease Control and Prevention) and Pennsylvania Department of Health recently provided additional recommendations for visitors who meet the criteria for either a quarantine period and or an isolation period. It is extremely important that all visitors understand when and how long they maybe under a quarantine or isolation situation because you SHOULD NOT VISIT A RESIDENT at St. Anne Home if you fall into these quarantine or isolation periods described below. It is important to note that: you quarantine when you might have been exposed to the virus and may or may not have been infected and you isolate when you have been infected with the virus, even if you don't have symptoms. So that we can keep all resident as safe as possible, you must not enter our building if you need to isolate due to a positive COVID-19 test result or meet the criteria to quarantine below.

Please see below for quarantine guidelines as they are different for people <u>up to date*</u> with all recommended COVID-19 vaccine doses and booster doses and those NOT up to date with all recommended COVID-19 vaccine doses.

Pennsylvania Department of Health <u>quarantine guidance</u> for people who are <u>up to date</u>* with all recommended COVID-19 vaccine doses which apply to St. Anne Home visitors.

• Individuals who are up to date* with all recommended COVID-19 vaccine doses do not need to quarantine after exposure to someone with suspected or confirmed COVID-19 unless they develop symptoms of COVID-19 or are diagnosed with SARS-CoV-2 infection.

Pennsylvania Department of Health <u>quarantine guidance</u> for people who are <u>not up to date</u> with all recommended COVID-19 vaccine doses which apply to St. Anne Home visitors:

- Individuals who are not up to date with all recommended COVID-19 vaccine doses and who have had close contact with someone with SARS-CoV2 infection should be placed in quarantine after their exposure, even if viral testing is negative
- Individuals can be removed from quarantine after day 10 following their exposure if they do not develop symptoms.
- Although a 10-day quarantine is recommended, individuals can be removed from quarantine after day 7 following their exposure if a viral test is negative and they have no symptoms. The test specimen should be collected and tested within 48 hours before the time of planned discontinuation of quarantine.

Regardless of vaccination status, asymptomatic (not having symptoms) individuals who have had close contact with a positive person should have a series of two viral tests, one immediately, but not sooner than 24 hours after exposure, and if negative, again 5-7 days after exposure.

Pennsylvania Department of Health <u>isolation guidance</u> for individuals who are <u>up to date*</u> <u>and not up to date</u> with all recommended COVID-19 vaccine doses and booster doses which apply to St. Anne Home visitors:

- Individuals can be removed from isolation after day 10 if their symptoms have improved, and
- They have not had a fever in the last 24 hours.

*Individuals are considered up to date with all recommended COVID-19 vaccine doses when:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

• After receiving booster dose, and any other recommended third doses for immunocompromised people.

If you do not meet these requirements, regardless of your age, you are NOT up to date with all recommended COVID-19 vaccine doses. Keep taking all precautions until you are up to date with all recommended COVID-19 vaccine doses.

If you have any questions, please feel free to contact me and or Christy Kremer, Assistant Administrator with any questions or concerns you may have. Ann Donovan, Director of Nursing and Andy Porterfield, Infection Preventionist are also available to answers any of your questions. Thank you for your continued cooperation, support and confidence in the care and services provided by St. Anne Home.

Sincerely,

Jeffrey S. Long, NHA, MHA, MBA

President and CEO