

For the December 1, 2021 COVID-19 positive test report, we have one new Healthcare partner – student test positive for COVID-19 and we have not had three or more residents or staff with new onset of respiratory symptoms occurring within 72 hours of each other. Through contact tracing it has been determined that this was a household exposure that occurred after this person was last in the nursing facility, therefore there was no prolonged close contact at St. Anne Home.

Cumulatively since October 2nd, 2021 we have a total of:

Classification of person:	Nursing Facility Staff	Personal Care Home Staff	Healthcare partner Staff	Nursing Facility Residents	Personal Care Home Residents
Number that tested positive for COVID-19:	8	2	4	17	0

Therefore, cumulatively to date since March 2020 we have a total of:

Classification of person:	Nursing Facility Staff	Personal Care Home Staff	Healthcare partner Staff	Nursing Facility Residents	Personal Care Home Residents
Number that tested positive for COVID-19:	84	19	8	76	31

Centers for Medicare and Medicaid Services (CMS) recently updated their guidance on Nursing Home visitation and their guidance on the Core Principles of COVID-19 Infection Prevention. These Core Principles include:

- Visitors who have a positive viral test for COVID-19, symptoms of COVID-19, or currently meet the criteria for quarantine (defined below), should not enter the facility. The need to **quarantine** is when you might have been exposed to the COVID-19 virus. **Please see below for quarantine guidelines as they are different for fully vaccinated people and those NOT fully vaccinated.** We will screen all who enter St. Anne Home for these visitation exclusions.
- Hand hygiene (use of alcohol-based hand rub is preferred)
- Face covering or mask (covering mouth and nose) and physical distancing at least six feet between persons, in accordance with CDC guidance
- Instructional signage throughout the facility and proper visitor education on COVID-19 signs and symptoms, infection control precautions, other applicable facility practices (e.g., use of face covering or mask, specified entries, exits and routes to designated areas, hand hygiene)
- Cleaning and disinfecting high-frequency touched surfaces in the facility often, and designated visitation areas after each visit
- Appropriate staff use of Personal Protective Equipment (PPE)
- Effective cohorting of residents (e.g., separate areas dedicated to COVID-19 care)
- Resident and staff testing conducted as required by CMS and the Pennsylvania Department of Health.

Per current CMS guidance visitation is now allowed for all residents at all times at St. Anne Home provided the above Core Principles of COVID-19 Infection Prevention are followed. If a resident's roommate is unvaccinated or immunocompromised (regardless of vaccination status), visits should NOT be conducted in the resident's room, if possible. **Before visiting a resident with a roommate, please see the Villa / Unit nurse to determine where the visit should take place. Thank you.**

Please be aware that Westmoreland County's COVID-19 level of community transmission is currently high. **Given the high community transmission occurring visitors are encouraged to be tested on their own before coming to the facility. If you feel you were might have been exposed to COVID-19 and meet the criteria for quarantine you will not be permitted to visit.** Since the county's COVID-19 community level of

transmission is high, all residents and visitors, regardless of vaccination status, should wear face coverings or masks and physically distance, at all times

All visitors are strongly encouraged to become vaccinated against COVID-19. St. Anne Home will be asking visitors about their vaccination status on the updated screening tool, however per CMS visitors are not required to be tested or vaccinated (or show proof of such) as a condition of visitation. If the visitor declines to disclose their vaccination status, the visitor should wear a face covering or mask at all times.

Currently, St. Anne Home is conducting Outbreak testing. Per CMS an Outbreak is defined as when a new nursing home onset of COVID-19 occurs (i.e., a new COVID-19 case among residents or staff). Please be aware that there is the potential risk of becoming positive with COVID-19 when visiting during an outbreak investigation and, as with all visits, you must adhere to the core principles of infection prevention listed above. If residents or their representative would like to have a visit during an outbreak investigation, they should wear face coverings or masks during visits, regardless of vaccination status, and visits should ideally occur in the resident's room if the resident lives in a private room.

Pennsylvania Department of Health quarantine guidance for **fully vaccinated** people which apply to St. Anne Home visitors:

Fully vaccinated individuals with No COVID-19 Symptoms After Exposure to Someone with Suspected or Confirmed COVID-19 do not need to quarantine but should be tested 5-7 days following close contact with someone with suspected or confirmed COVID-19 and wear a mask in public indoor settings for 14 days or until they receive a negative test result, and isolate if they test positive. A mask must be worn at all times in St. Anne Home.

Fully Vaccinated People with Ongoing Exposure to Someone with COVID-19 (e.g. household contact) should:

- Get tested 5-7 days after their first exposure. A person with COVID-19 is considered infectious starting 2 days before they develop symptoms, or 2 days before the date of their positive test if they do not have symptoms.
- Get tested again 5-7 days after the end of isolation for the person with COVID-19; i.e., a second test 5-7 days after their last exposure.
- Wear a mask when in contact with the person with COVID-19 throughout the infected person's isolation period.
- Wear a mask indoors in public until 14 days after the infected person's isolation period ends or until the fully vaccinated close contact receives their final test result.
- Isolate immediately if they develop symptoms of COVID-19 or test positive.

Pennsylvania Department of Health quarantine guidance for **Individuals Who Are Not Fully Vaccinated** which apply to St. Anne Home visitors:

Individuals who are not fully vaccinated against COVID-19 and are identified as a close contact of a COVID-19 case must quarantine. An individual is considered fully vaccinated when 2 or more weeks have passed after the receipt of the second dose in a 2-dose vaccine series, or 2 or more weeks have passed after receipt of one dose of a single-dose vaccine. Quarantine is used to separate someone who might have been exposed to COVID-19 away from others. This individual may or may not develop illness. **The most protective recommended quarantine period remains at 14 days after the date of last exposure (Day 0) to a person who is infectious with SARS-CoV-2.**

Persons who have tested positive for COVID-19 within the past 3 months and recovered do not have to quarantine or get tested again as long as they do not develop new symptoms. If they do become symptomatic, the person should isolate and seek testing.

People are considered **fully vaccinated** when:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, regardless of your age, you are NOT fully vaccinated. Keep taking all precautions until you are fully vaccinated.

We will continue to provide you with regular updates about the situation and will promptly notify you if we identify any additional residents or staff with confirmed COVID-19. We encourage you to contact us with questions and concerns. Please call us at 724-837-6070 or visit our website at www.stannehome.org for updates. Our entire care team is here to serve you and answer your questions. Thank you for your continued support and confidence in the care and services St. Anne Home provides to you and or your loved one. The safety of our residents and staff is our top priority.